Senedd Cymru | Welsh Parliament

Pwyllgor Diwylliant, Cyfathrebu, y Gymraeg, Chwaraeon, a Chysylltiadau Rhyngwladol | Culture, Communications, Welsh Language, Sport, and International Relations Committee Cymryd rhan mewn chwaraeon mewn ardaloedd difreintiedig | Participation in sport in disadvantaged areas

CCWLSIR SDA 01

Ymateb gan Unigolyn | Response from an Individual

- What are the main barriers to participation in sport in disadvantaged areas? How do these intersect with other factors including:
 - o Age,
 - Sex and gender,
 - o Socioeconomic status,
 - o Geography,
 - o Disability,
 - o Ethnicity?
- How clear a picture do we have of current participation levels in disadvantaged areas? Does the
 current data enable policy interventions to be effective? Being a Disability Sport Wales
 Development Officers, individuals are still reluctant to return to sport in fear and catching Covid
 especially for indoor sessions. Individuals in rural parts of the County have to travel a distance to
 take part in their chosen sport / session. Also with household bills and food increasing there is less
 disposable income available for sport and recreation
- How should public funding be used to increase participation in disadvantaged areas? Interventions like free swim, free over 60's session. More local inclusive activities that are free or minimum cost.
- How effective are current interventions at increasing participation in disadvantaged areas? We have
 lots of interventions in Carmarthenshire especially for Adults, statistics indicated that there was a
 gap therefore 3 officers were employed and numerous inclusive programmes have been set up –
 Walking sports, Run Walk and Talk, 60 plus sessions and Disability Specific sessions curling and
 coffee, Boccia in Day Care Centres and SEN Sport
- Has the pandemic caused any persistent changes to participation levels in disadvantaged areas? Yes
 through the disability community, restricted access to venues, some venues have only just been
 released back to the Council after being converted into field hospitals. Individuals have got into the
 habit of not going out and mixing with people outside their families and bubbles.
- How effectively do different sectors (e.g. education and health) collaborate to improve participation
 in sport in disadvantaged areas? Health Schools, Bant Y Ni teaching the parents, guardians about
 healthy eating and exercising using household items so parents, guardians don't have to go out and
 buy expensive equipment, DSW You Tube channel again using everyday equipment to stay healthy.
- Are there examples of best practice, both within Wales and internationally, that Wales should learn from to increase participation in sport in disadvantaged areas? None I can think off at the moment.